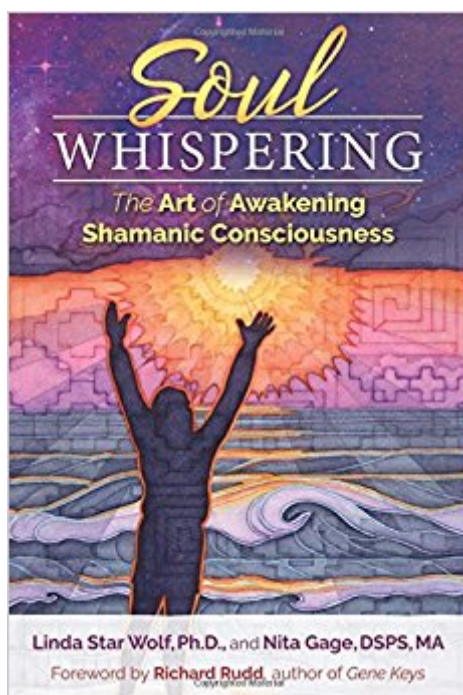


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Soul Whispering: The Art Of Awakening Shamanic Consciousness



Synopsis

Restore your relationship with your soul, break through patterns of dysfunction, and learn to hear the intuitive wisdom of your soul's whisperings. Explores shamanic tools, modern psychotherapy techniques, and ancient indigenous practices, such as the Native American medicine wheel. Explains how to differentiate between your Inner Critic and the whisperings of your soul. Details the Five Cycles of Change that we spiral through on our life's journey of transformation, detailing what to do if you become stuck in one of the cycles. Includes access to 5 audio journeys Addressing humanity's paradigm shift from linear consciousness to shamanic consciousness, Linda Star Wolf and Nita Gage explore how the art of soul whispering can help each of us understand why we experience our lives the way we do and shift from healing our wounds to embracing the process of transformation. This powerful new synthesis of shamanic healing and psychotherapy can help you restore your relationship with your soul, transform dysfunctional ways of being, learn to hear the intuitive wisdom and love of your soul's whisperings, and develop the capacity to live in the present moment fully connected and alive. Detailing the shamanic tools and psychospiritual practices of soul whispering, the authors share inspiring stories of transformation from their own journeys and their work as shamanic soul whisperers. They explain how soul whispering harnesses the power of the imaginal world to awaken shamanic consciousness, restore resiliency of mind, body, and spirit, and enact transformation at the cellular level. They show how soul whispering allows you to become conscious of your wounds, release the energy of victimization, and develop love and forgiveness for yourself and others. The authors explore mythological archetypes from Sumer and ancient Egypt to empower you in your life's journey of transformation and explain the Five Cycles of Change that we continually spiral through, detailing what to do if you become stuck in one of the cycles. Sharing the ageless wisdom of their collective shamanic experiences and personal journeywork, the authors show how soul whispering allows you to break free from your patterns of dysfunction, rekindle a profound soul connection, and shift your story from one of wounding and suffering to one of initiation and vibrancy.

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Customer Reviews

“Soul Whispering is a book dearly needed in our times. Star Wolf and Gage combine their stunning wisdom as both professional therapists and deep-diving shamans to recover what has been fractured and lost and bridge us back to wholeness. Their decades of experience in the addiction and mental health fields and their extensive shamanic training seasoned with their heartfelt sense of humor make them heroines in my eyes. May you read this book and discover how you, too, are a Soul Whisperer.” (HeatherAsh Amara, author of *The Warrior Goddess Way*)

“Soul Whispering is a powerful shamanic map of soul remembering, weaving together ancient wisdom with modern psychology. Told with intimacy and compassion, this beautiful elucidation of the shamanic healing arts is a soul song from two visionary women who have walked the path with wide-open hearts. Their stories are brimming with bonedeeep life lessons, embodied solutions, and soul flights of cosmic consciousness, which bridge seamlessly between the worlds.” (Dr. Azra and Seren Bertrand, authors of *Womb Awakening*)

“This is an extraordinary book by two extraordinary women. Star Wolf and Gage, highly respected shamanic healers of the first rank, have brought their considerable experience and wisdom to bear in this illuminating guide for the perplexed that will both reward and mesmerize the reader. For those who have given up on conventional, by-the-numbers therapies that got them nowhere, this brilliant introduction to Soul Whispering is a remarkable and much-needed alternative. You won’t be disappointed.” (M. Guy Thompson, Ph.D., author of *The Death of Desire*)

“Soul Whispering makes the intangible realms shamans work with—such as shamanic consciousness, personality, and the soul—concepts that can be easily grasped. This book goes beyond our fixed ideas of shamanism by teaching us from the depths of the deeper soul, adding life-changing personal stories, all honestly conveyed. This work triggers points of wisdom in us at every turn.” (E. Aracely Brown, senior program director at the New York Open Center)

“Let Soul Whispering be your midwife in the journey of awakening your shamanic

consciousness. The great challenge and opportunity we face is to be both fully human and divine at the same time. Star Wolf and Gage weave diverse paths of healing and transformation into wholeness so that we may embrace our full potential as soulful human beings. (Anna Cariad-Barrett, DMin, author of Shamanic Wisdom for Pregnancy and Parenthood) "Shamans view soul loss, the wounding of a person's unique energetic essence from trauma, as a leading cause of physical, emotional, and psychological dysfunction. In this fascinating, easy-to-read, and instructive book the authors guide us in the ways shamans and modern psychotherapy heal. A book for anyone who is on the path of personal transformation. (Itzhak Beery, author of The Gift of Shamanism) "Offered up by two authentic shamans, this book is about shifting our story from being the effect of our life (a victim) to being the cause (a conscious being). Read this book to discover real means to strengthen your shamanic powers in this world that is hungry for such soulfulness. (Julie Tallard Johnson, MSW, author of The Zero Point Agreement and Wheel of Initiation) "I cannot recommend the wisdom of this book more highly. Linda Star Wolf and Nita Gage are both responsible for my being on my soul's path--they are the wise women healers that we all need for guidance on this glorious, but oh-so-messy, life path. This is a perfect time for the birthing of their wisdom into our changing and chaotic world--we desperately need the grounded, soul-deep guidance that they bring to each one of us. If you are in need of life or soul support, this is the book for you." (Rachel Carlton Abrams, MD, MHS, ABIHM, author of BodyWise)

Linda Star Wolf, Ph.D., is the founding director and president of Venus Rising Association for Transformation, Venus Rising University, and the Shamanic Ministers Global Network. The creator of the Shamanic Breathwork Process, she is the author of 9 books including Shamanic Breathwork, Shamanic Mysteries of Egypt, and Visionary Shamanism. She resides both at Isis Cove Community near Asheville, North Carolina, and in Marin County, California. Nita Gage, DSPS, MA, has a doctorate in shamanic psychospiritual psychology and a master's degree in clinical psychology. She is the cofounder of the NeuroImaginal Institute and director of Healer Within retreats around the world. She lives in Sausalito, California.

A wonderful book. Opens the way to Shamanic Consciousness in a clear, practical and inspiring manner. Full of personal stories as well as good solid 'shamanic' theory to help the seeker of any level connect more deeply to spirit, inner guidance, and a higher vision for our planet.

StarWolf and Nita are 2 passionate healers and writers who weave their own stories, as well as the stories of other soul whisperers throughout the book illustrating the amazing power of the material.

Love love love this book.

Soul Whispering is a wonderful book for our times. The current linear-masculine-ego driven paradigm seems to be hurtling towards a bottom. Social media and the Internet are allowing all of us to see more clearly the wounded children, impoverished communities and cultural results of these small mind's selfish need to dominate and control. And, all around us, large segments of the population are coming to understand the word transcendence. Yes we have an ego but we are much more than that • we are capable of coming together in love and communities to share a way of life that transcends the dominant paradigm. Technology and social media more clearly illuminating our choice • do we see ourselves as a tribe that needs to "fear and win" over the "other" or do we see ourselves as part of a global culture that is capable of higher ways of being based on love, family, and community. Soul Whispering helps guide us on this path. Highly recommended.

The best book Star Wolf has written. You learn about the cycles of change and being on a spiral path of recovery. The authors share from their depth. This book touched heart and soul. Awesome downloads with it. I have already read it twice.

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